

WHAT HAPPENS IF I TELL SOHK?

- We will listen to you
- We will take you seriously
- We will not judge you
- We will explain what happens next
- We will try to help keep you (or someone else) safe.

Sometimes, we may need to share what you tell us with the school safeguarding team, or with the police if someone is in danger. We will always try to explain this to you.

When to get urgent help

If you or someone else is in danger, call 999 straight away.

Other support

You can also talk to Childline:
Tel: 0800 1111 Web: www.childline.org.uk

You can talk to them about anything – abuse, bullying, worries and relationships.

KEEPING EVERYONE SAFE.

CONTACT US

info@schoolofhardknocks.org.uk
www.sohk.org.uk

We level the playing field



sohk
SCHOOL OF HARD KNOCKS



UNDERSTANDING SAFEGUARDING

A student's guide

WHAT IS SAFEGUARDING?



KEEPING YOU SAFE

While you are taking part in SOHK sessions, you have the right to feel safe, respected and listened to. Safeguarding is about protecting you from harm, abuse or unsafe behaviour.



YOUR RIGHTS

You have the right to:

- Be safe
- Be treated fairly and with respect
- Be listened to
- Know how to get help if you are worried
- Understand what we will do to keep you safe.



sohk.org.uk

WHAT SOHK STAFF SHOULD DO

Anyone working with SOHK should:

- Help keep you safe during sessions
- Treat everyone fairly and with respect
- Be a good role model
- Report any worries about safety.



Professional



Consistent



Trusted



WHAT SOHK STAFF SHOULD NOT DO

SOHK staff must not:

- Contact you outside of school
- Form personal relationships with students
- Shout, threaten, bully or embarrass you
- Touch you in an inappropriate way
- Take photos of you without permission.

If you have any concerns or complaints about SOHK staff you can email:
info@schoolofhardknocks.org.uk

DIFFERENT TYPES OF HARM

Abuse can include:

- Physical abuse – being hurt
- Emotional abuse – being made to feel scared, worthless or upset
- Sexual abuse – being pressured, tricked or forced into sexual activity
- Neglect – not having basic needs met, like food or care.

Other harmful behaviour can include bullying, online bullying, discrimination or being pressured into gangs.

For help and advice, visit www.childline.org.uk/info-advice/bullying-abuse-safety.